

## **NHS Pensions: Work Longer, Pay More, Get Less**

Thank you for attending the recent briefing session on the BMA Campaign against the NHS Pension Reforms being proposed by the government.

Whilst these sessions were well attended, there are still many doctors across NHS Highland who did not have the opportunity to attend and understand the impact of the proposed reforms on their pensions and those of future doctors. Attached below are some important links including the BMA Head of Pensions Podcast of the presentation and I would ask everyone to tell four more colleagues who had been able to attend to do four simple things:

### **1. Watch the podcast**

[http://youtu.be/SadZZrL\\_Du0](http://youtu.be/SadZZrL_Du0)

### **2. Check the impact on YOU directly by using our interactive pensions modeller**

[http://www.bma.org.uk/employmentandcontracts/pensions/nhs\\_pensions\\_reform/pensionsreformmodeller.jsp](http://www.bma.org.uk/employmentandcontracts/pensions/nhs_pensions_reform/pensionsreformmodeller.jsp)

### **3. Update your BMA details**

<http://pow.bma.org.uk/>

### **4. Fill in the BMA Survey online **BEFORE MONDAY 16th JANUARY****

[http://www.bma.org.uk/employmentandcontracts/pensions/nhs\\_pensions\\_reform/index.jsp](http://www.bma.org.uk/employmentandcontracts/pensions/nhs_pensions_reform/index.jsp)

If every one who attended the presentation does these four simple things and asks four others to do the same, we will have the most accurate picture possible of how doctors across Highland feel about these proposals and what they would want the BMA, collectively, to do to take matters forward.

Of course, if we do move to a ballot on industrial action, only BMA members will have the right to vote and only BMA members will have employment protection should they choose to take industrial action, so if you or any of your "4 more" are not members, then it quick an easy to join using the link below.

[http://www.bma.org.uk/top/join\\_bma/index.jsp](http://www.bma.org.uk/top/join_bma/index.jsp)

Remember to keep in touch with developments by visiting the BMA website regularly and thanks for your support so far. Please re-distribute this email as widely and as quickly as possible, especially to Junior Doctors whom we are aware have so far been under-represented at meetings.